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February

# Women's March: Pittsburgh

by Brandee Salinas

Thousands of people took to the streets of downtown Pittsburgh on Sunday, Jan. 21 to participate in the Women's March on Washington-Pittsburgh. This march was one of many that occurred across the country over the weekend. Demonstrators, both young and old, marched with their signs from the City-County Building to Market Square.

The streets were flooded with a sea of pink hats, signs with messages such as "The Future is Female," "Grab 'Em by the Midterms," and even an inflatable Trump chicken.

Around 11 a.m., demonstrators gathered at the City-County Building for sign making and information from speakers about why this march was taking place.

At noon, marchers took over nearly three blocks of downtown's streets to make their way to Market Square.

The theme of Pittsburgh's second annual march, in alignment with marches across the country, was "Power to the Polls." With 2018 being an election year, the main focus was to engage marchers in voter registration in order to influence the midterm elections and improve outcomes that affect minorities.

"We gotta tear down this whole damn administration. This stuff has been going on for centuries, and it's not going to stop unless we make our voices heard," said Point Park first year student Ariana Hemphill. This attitude seemed to be shared with the entire crowd as many walked with signs such as "Nasty Women Vote" and "When They Go Low We Vote Them Out."

Demonstrators were not only

there to support women's rights and to encourage voting. Many carried signs stating, "Black Lives Matter" and "If it's not intersectional then it's not feminism." Carlow senior Olivia Lowry said, "I mostly came out here for Black

Lives and Trans Lives; they're a big community for me right now. They just really need to have their voices heard, and I figured the best way I could help with that was to come down here and march."



Women of all ages gathered to support the march. Photo by Brandee Salinas



"The Future is Female," states a sign held by one of the marchers. Photo by Brandee Salinas



Marchers pass through downtown Pittsburgh. Photo by Brandee Salinas

# Carlow Celebrates **Black History** Month

by Molly Mitchell

During the month of February, Carlow University will celebrate Black History Month with the help of Carlow's Black Student Union (BSU) and the university library. See page 5 for BSU's Black History Month event calendar.



The library has dedicated a stand of books that celebrate Black History Month. Photos by Molly Mitchell.



# **CARLOW CULTURE**

#### Letter from the Editor

Dear Readers,

Thank you for picking up the February issue of the Carlow Chronicle! The staff is proud to publish the first issue of 2018.

This semester, the staff at the Chronicle plans to improve our online presence under the leadership of Erika Kellerman, Online Content Editor and senior communication and media major. Erika and the rest of the staff will be working closely with Dean Simpson, our newest faculty advisor. Dean has a background in graphic design and communication technology. He serves as marketing manager for Touchstone Center for Crafts. We welcome Dean to our staff and feel very lucky to be led by his expertise and vision. The staff also welcomes Greta Fretts, Layout Editor and junior biology major, to the staff. Greta has done an amazing job in designing the layout of this issue with the help of our previous Layout Editor and Carlow alumna, Sarah Cahalan.

I would like to thank the Chronicle's staff and faculty advisors, Dr. Jennifer Snyder-Duch and Dean Simpson, for their continued efforts. It is their dedication that makes publishing the Carlow Chronicle possible. We hope that you enjoy this issue!

We appreciate your support and we will continue to do our best in publishing content that you would like to see. If you have suggestions, would like to submit your work or would like to send in a letter to the editor, please email me at mamitchell@live.carlow. edu.

Cheers!

Molly Mitchell

Editor-in-Chief



Email your submissions to mamitchell@live.carlow.edu

## Red Dog Reading Series

By Alexis Williams

Students at Carlow University have been expressing their love for literature, their passion for writing and their creativity at the Red Dog Reading Series. Students from various majors are joined by special guests from the community and come together to celebrate poetry on Tuesdays at 7 p.m. in the University Commons. All are welcome to attend. Students interested in reading at Red Dog are encouraged to contact Olivia Trevenen by sending an email to odtrevenen@live.carlow.edu



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## Chronicle Spotlight: Keith Cerroni

By Danielle Levato

Keith Cerroni loves college and everything that comes with it. Cerroni, Assistant Director of Campus Life, knows the ins and outs of living in a college dorm. He has lived in a dorm room for a total of 17 years of his life.

While attending Penn State Behrend in Erie, PA during his undergrad, Cerroni became a Resident Assistant. He later went on to obtain an MBA and a second degree in higher education shortly after, all while being a resident assistant, which required him to live in dorm rooms.

"I love the vibrancy of campus life and I'm very at peace with a campus community" Cerroni said.

After living in the dorms for 12 years while getting his education, Cerroni went on to work on three other college campuses in resident life positions, including Penn State Behrend, Lebanon Valley College and Duquesne University.

Those 17 years of dorm life are what brought Cerroni to Carlow as the new Assistant Director of Campus Life, and are what he believes to be his greatest accomplishments.

"I love to see when student staff is having success and I love the relationships that I have made from resident life" said Cerroni.

While working in resident life, Keith has the responsibility of making sure residents are safe and happy. He does room selection and roommate pairing, makes sure move-in day runs smoothly and recruits resident assistants on campus.

Considering how campus life is such a huge part of the Carlow experience, Cerroni loved the idea of a small campus with greater student interaction.

He has recently moved into a new apartment since accepting his new job at Carlow, and it has been a nice transition for him.

"It was nice living in the dorms because I created such great relationships, but it's nice to have a washer and dryer as well," said Cerroni.





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Accepting submissions for ...

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Keep in mind...

- ++ 5 submissions per person
- ++ You may submit in multiple categories
- ++ Each submission should be in a SEPARATE EMAIL
- ++ Writing = 10 page maximum
- ++ Art/photography submissions should be jpeg or pdf

All submissions must include...

+++ Name, title, genre/medium in the email subject line

+++ Submissions should be print ready

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\$100 prize for best in Creative Writing, Art, and Critical Writing!



# **NEWS**

# Time to Wave Goodbye

By Julia Kelly

St. Joseph's gymnasium will be renovated beginning April 30. The anticipated date of completion is August 18, just in time for the 2018 fall semester. The gymnasium will be converted into a larger fitness facility. In order to complete the renovations, the pool, which opened in 1932, located on the first floor will be filled in and no longer available.

"As part of the renovation process, the Forbes Avenue space is combing with our space, meaning that all the weights, machines, and other equipment will be all together in one facility," said George Sliman, Director of Athletics. Sliman also said that Carlow must follow the American Disability Act (ADA), which is a civil rights law that prohibits discrimination based on a disability. Following the ADA, St.

Joe's will be handicap accessible, meaning that there will be an elevator added to the building. "And the pool is closing to free up some much-needed space," said Sliman.

Students have mixed reactions to the closure of the St. Joe's pool. Alysa Fairman, first year nursing major, said, "I am sad. I was planning on using it more often for softball workouts."

Zach Talley, senior-respiratory therapy, said that he is a little sad it is closing, "but I didn't get to use it as much as I liked because of the pool hours not matching my hours." However, Talley is excited to see what Carlow has in store for the remodeling and the new fitness center.

The St. Joe's pool was also a job opportunity for students. Loren Walters, sophomore-nursing major, said, "I am deeply saddened by the news of its closure. I love lifeguarding and am very disappointed that I will no longer be

able to lifeguard on campus." She noticed a fair number of faculty and students using the pool. She and the rest of the pool staff now must seek other jobs.

Carlow University students, faculty, and staff are not the only people who will no longer be using the pool. The Campus School of Carlow University students, ranging from kindergarteners to fifth graders, also use the pool. Each grade has swim class once per six day cycle. Pam Pyska, Campus School swimming instructor, said "Our aquatics curriculum includes water safety, stroke analysis, water aerobics, introduction to competitive swimming, recreational games, and synchronized swimming." Both she and her students are sad to see the swimming pool close. They now have to find another activity to do. Sliman said "the new improvements will be highly beneficial and will satisfy many in the end."

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St. Joe's Pool. Photo by Julia Kelly

# Track and Field Update

by Kylie Owoc

The addition of track and field to Carlow University athletics has seemingly had a positive impact on the University. Both the men's and women's teams are off to a strong start this season. The Doug Raymond Invitational was the kickoff of the Spring season, but unfortunately was canceled. However, the teams traveled to the Youngstown State Invitational on Jan. 19 as their first official meet. More than 1,200 athletes from 27 schools, mostly NCAA

Division I and Division II schools, competed at this invitational. Sophomore Javondii Myers competed in the men's high jump, clearing the third highest hurdle out of 38 athletes. Overall, he tied for fifth place, clearing 6-5.75 feet. First year student Matt Cannon also had a solid performance. Competing in the men's 200-meter dash, Cannon finished with a time of 24.3 seconds, placing 52nd out of 80 runners. Results from the women's team include first year student Larissa Kijowski. She finished 20th of 66 runners in the women's 800-meter run. She clocked in with a time of

2:22.62. She had the second-highest finish of competitors from the NAIA, Carlow's conference. First year Amanda Espy finished 30th overall in the women's 3000-meter run. Espy finished with a time of 11:40.98.

The Celtics are set to compete at the Kent State Tune Up on Feb. 17, in Kent, Ohio. This will be the team's last meet of the indoor season. The next item on the team's agenda is beginning to train for the outdoor track season.



Image from Clipartix.com

# Books Breed Empathy: A Conversation with Author Nicola Yoon

By Bri Griffith

On Sunday, Jan. 21, Nicola Yoon spoke for a Pittsburgh Arts & Lectures event between 2:30 p.m. - 4:30 p.m. at the Carnegie Library Lecture Hall. Yoon is the author of "Everything, Everything," and "The Sun Is Also a Star," young adult fiction and New York Times bestsellers. "Everything, Everything," published in September 2015, was recently turned into a movie and released in theaters in May 2017. The movie stars young actors Amandla Stenberg and Nick Robinson. "The Sun Is Also a Star" was a finalist for the National Book Award in 2016.

Yoon's talk was split up into sections, starting with a personal and professional introduction to writing, leading into advice for aspiring writers, and wrapping up with diversity in children's literature before taking questions.

Yoon was born in Jamaica. Her family moved to Brooklyn, New York, where she attended public school and navigated feelings of culture shock.

Although Yoon graduated from Cornell University with a degree in electrical engineering, a creative writing course inspired her to pursue a Master's degree in writing at Emerson College. Yoon said she met her husband at Emerson, a Korean-American whose parents survived the Korean war. He was born in Dallas.

Their four-year-old daughter

Penny inspired the plot for "Everything, Everything," and also pushed Yoon to follow her writing dreams. While working a full-time job, Yoon said she'd wake up before work and write between 4 a.m. - 6 a.m. She finished writing "Everything, Everything," over the course of three years.

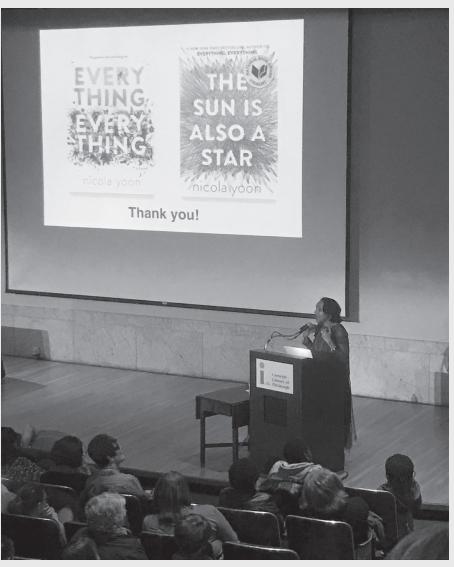
Yoon said, "The worst thing for a writer is a blank page. Fill it up. You don't have to fill it up well." Yoon admitted she's not good at first drafting, but said, "Art is made in the revision process." She also encouraged aspiring writers to "read everything," and to let their "freak flags fly."

Yoon said "The Bluest Eye" by Toni Morrison was the first time she saw someone who looks like her in a book. "I was surprised the main character was a black girl. The story was about her," said Yoon.

Yoon is a strong supporter and member of the We Need Diverse Books team, "...a grassroots organization of children's books lovers that advocates essential changes in the publishing industry to produce and promote literature that reflects and honors the lives of all young people," according to the Words & Pictures 2017/18 program book.

The protagonist in Yoon's book, "Everything, Everything," is half African-America, half Japanese-American, because, according to Yoon, "That's what my daughter looks like. I didn't want my little girl growing up not seeing herself in a book. Everyone should see themselves as the hero in the story."

Yoon led into defining and describing the differences between mirror books, window books, as well as issue and non-issue books. Her book, "The Sun Is Also a Star," centers around the interconnectedness of us all, while real-



Nicola Yoon addressing the crowd in the Carnegie Lecture Hall. Photo by Bri Griffith

ly focusing in on the issue of immigration. In "Everything, Everything," Yoon said, "The black girl gets the boy, and that just doesn't happen."

Senior Carlow student Alex Dolnack attended the event and said, "I really enjoyed hearing [Yoon] talk about following her passion instead of just working a job that 'made money,' because sometimes I feel like we don't focus on our personal goals and aspirations and dreams enough." A book signing immediately followed the reading, which took place in the Carnegie Library.

You can follow Pittsburgh Arts & Lectures online for updates on upcoming events: @PghArtsLectures on Twitter and Instagram, and their official website: https://pittsburghlectures.org/.

### BLACK STUDENT UNION EVENTS CALENDAR FEBRUARY 2018

SUN	MON	TUE	WED	THU	FRI	SAT	
				1	2	3	
4	5	6	7	<sup>8</sup> Urban Dictionary Game Night UC commons 2nd Floor 7p.m.	9	10	
11 Movie Night- "The Help" FWH 6th Floor Longue 8p.m.	12 "Being Black at Carlow" UCommons 6 p.m.	13	14	Throwback Thursday/Old School Shazam 7:30 p.m.	16	17	
Movie Night- "Black Panther" Southside Works Theater 8p.m.	19 Motivational Monday Talk UCommons 7 p.m.	Soul Food Dinner Tiernan	BSU Meeting Campus As- sembly Room 8 p.m.	22 Bro Code "My Brother's Keeper" 8 p.m.	23 Black Friday Dress	2 4 The Beautiful Summit University of Pittsburgh	
25 Movie Night- "The Butler" FWH 6th Floor Longue 8p.m.	26	<sup>27</sup> Tuesday TED Talk	27				

# **ARTS & ENTERTAINMENT**

# Art Gallery Update

By Greta Fretts

The Carlow University Art
Gallery, located on the 2nd floor
of the University Commons,
will be having its first national
exhibit starting this month. The
exhibit is the first all-ceramics
show to be held in the gallery
and it will feature in the broader exhibition that NCECA (the
National Council on Education
for the Ceramic Arts) will be
hosting in mid-March.

The exhibit, which is called "Ten out of Ten," is being guest curated by Sigrid Zahner, an art professor at Purdue University, whose work focuses on hierarchical systems. For this exhibit, Zahner chose ten college level art instructors from across the world and had them each choose one person that they felt was underrepresented within the art world in order to feature their work. In total, 20 artists are featured in the exhibit, including Zahner herself. One of her pieces featured in the gallery is called "The Three Branches of Government" and it is, as she describes it, a piece commenting on how today, "[The] government [is] being swallowed up by personal gain and the [rights] that are supposed to be the rights of the people, [are] being swallowed up by the 1% and individuals."

The exhibit serves to celebrate the work of lesser known artists and the work of their predecessors. The collection has a variety of styles in it, from more modern styles and techniques, like 3D printing ceramic, to more classical ceramic techniques, like handthrown pieces. The juxtaposition of the more classically styled pieces and the more modern-themed pieces are carefully arranged to add a powerful underlying dialogue to the exhibition said Zahner. Adding to this dialogue is the fact that, while it wasn't an intentional choice, 12 out of the 20 artists in the exhibition are women artists, many from diverse backgrounds. Dr. Sylvia Rhor, art professor at Carlow and director of the art gallery, spoke about the importance of "...disrupt[ing] the artistic space," by way of featuring so many great female artists and also the general importance of having female voices within the traditionally male field of art. Professor Zahner also added to that point by saying that it is "...very important that [women artists] have the same support system that has helped men." Not only are many of the artists featured women, but much of the work of curating and setting up this exhibition

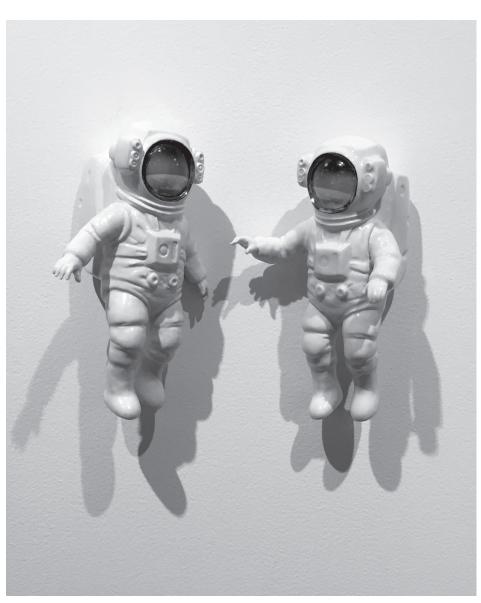
has been completed by women as well. Included in this group of women is Britney Smith, who is a functional ceramic artist and a student at Carlow. She assisted greatly with the setup of the gallery and the pieces in it. While her work is not featured in this exhibition, it is noteworthy that she is one of these women artists providing a support system

for other women, by way of her work on the gallery.

The gallery will be fully complete by mid-February, and the official gallery opening ceremony will be held late in February. Updates on gallery events and upcoming projects can be found on their Facebook page (Carlow University Art Gallery) and their Instagram (@carlow\_gallery).



Zahner's work"The Three Branches"of Government." Photo by Greta Fretts



An example of the more contemporary work found in the exhibit. Photo by Greta Fretts



Britney Smith, artist and Carlow student, poses among the work she helped set up. Photo by Greta Fretts

# **ARTS & ENTERTAINMENT**

## Musical Powerhouse: Vaeda Black

By Erika Kellerman

Vaeda Black, 16, born and raised in Centerport, Long Island, New York, is a rising star. Featured in Buzznet's article, "5 Female Powerhouses Artists to Watch in 2018," alongside Camila Cabello and Julia Michaels, Black said she began "appreciating her voice" upon starting lessons a while back.

When Vaeda Black started writing and noticing the impact her music had on others, she said, "I got this idea in my mind that I could make this a career." Black's inspiration for writing comes from many places, but especially her own raw emotions. "Anything I put out is based on someone or something," she said, "I can actually pinpoint who some of my songs are about."

Black's age has attracted doubts and misconceptions about her music. She said, "I think when people hear that I'm 16, before they listen to my music or [even] meet me, they expect another bubble gum pop singer, but I really have more of a groovy vibe." Black described her writing as "deep and a little dark," which "tends to surprise people."

Black ultimately seeks a solid connection with every person who listens to her music. "I'm a sucker for good lyrics, and when I listen to really well-written songs, I get attached to the artists. I want that with my fan base," said Black.

Some of her favorite artists right now are Bishop Briggs, Young the Giant, Jon Bellion, Janis Ian and Ron Gallo, though she doesn't admire one artist over another. "I feel that anyone creating and putting their work out is admirable. I respect anyone in the music business because it's such a hard business to

navigate," she said.

Black released her debut single, "Face Down," on November 16, 2017. The edgy pop song took 6 months to write, rehearse, and record; Black said she was in the process of "writing two other songs at the same time."

Black said of "Face Down," "I wanted to leave [the meaning] up for interpretation, but the song is about allowing yourself to accept and admit your deep and dark desires, because everyone has them, and you're not alone."

On December 14, 2017, Black released a music video for "Face Down" on her YouTube channel. The filming process almost landed her in the back of a cop car.

Black and her crew were caught trying to film at Kings Park Psychiatric Center in New York. Security was telling them to get away from the building. "They were threatening to arrest us," said Black, "I know it sounds kind of serious, but we laugh about it now. So many people go there and of course WE get caught." While filming in a warehouse, the smoke machine they were using set off a fire alarm. "I was trying so hard not to laugh," she said, "because I was in the middle of filming, I could barely see in front of me, and the alarm was sounding. Our camera man had to climb up on a table and [shut it off]."

Black's plans for the future are to keep writing, recording, and releasing music. A dream of hers is to be up on stage with a packed pit in front of her, fans singing along to her songs with her. "It warms my heart just thinking about it," said Black.

Vaeda Black plans to release her debut EP in February 2018. You can read more about her musical journey and follow her social media accounts on her official website:

http://www.vaedablack.com/.



Vaeda Black, up and coming artist. Photo by Tracy Spero

# HOROSCOPES

By Amber Kanoza

ARIES (MARCH 2I-APRIL 19): Aries, you're known to be the true trailblazer of the signs. This February, take control of your love life. Use that fire inside of you to help give you the courage to tell that one person how you really feel.

TAURUS (APRIL 20- MAY 20): Taurus, your ruling planet Venus is urging you to tap into the "mushy" side of your personality. Tauruses are known to have soulful eyes, and trust me, your beloved (or soon-to-be beloved) notices. Don't be afraid to splurge a bit!

GEMINI (MAY 2I- JUNE 20): Don't get overwhelmed this month with all of the Valentine's Day festivities. You are very charming. Remember, don't judge someone right away because that might be a missed opportunity!

CANCER (JUNE 21-JULY 22): You are known for being sensitive and emotional. Now, your romantic side is trying to make an appearance. Trust your instincts; they won't steer you wrong.

LEO (JULY 23- AUGUST 22): Your inner fire element has been extra restless lately. You need to find a way to tame it a little. With all of the red roses and Valentine's Day garb, it is completely understandable. Try to keep your splurging to a minimum.

VIRGO (AUGUST 23- SEPTEMBER 22): Virgos are known for their resourcefulness and their dedication. Your partner appreciates those qualities about you. Be sure you tell your partner how much you appreciate them in return.

LIBRA (SEPTEMBER 23- OCTOBER 22): We all know you're a hopeless romantic. Now is the time to act on those desires! You try to keep your life as balanced as possible, but now is the time to take the risk.

SCORPIO (OCTOBER 23- NOVEMBER 21): You long for a deep relationship with someone. How can you have that when you keep all possible partners at an arm's length? If someone has potential, don't be afraid to give it a chance and trust them with a little piece of your heart.

SAGITTARIUS (NOVEMBER 22- DECEMBER 21): You are known to be flirty and daring. This month try to be more aware of the impression you make on your potential partners. Always be clear of what your intentions are.

CAPRICORN (DECEMBER 22- JANUARY 19): Capricorn, you are one of the most hardworking signs in the zodiac. You're constantly working towards your long-term goals. I caution you to be more optimistic when it comes to your love life. Though perceived negativity may be subtle, it's just as damaging to your spirit.

AQUARIUS (JANUARY 20- FEBRUARY 18): You are known to be original and open-minded; however, you tend to put everyone else's needs before your own. Take some initiative this month to treat yourself. You deserve it!

PISCES (FEBRUARY 19- MARCH 20): You love the month of February because it is all about romance and wooing your partner. However, try not to lose touch with reality while making these plans.

# Carlow Chronicle

# WHERE & WHY

WHERE TO GO IN PGH & WHY YOU'VE GOT TO GC

By Brandee Salinas

Salúd Juicery is located right across the street from Carlow and is next door to Whimsy on Fifth. Salúd offers delicious and healthy alternatives for a snack between class or a treat to grab with friends. It sells juice, smoothies and acai bowls. Fresh juices, like The Smiling Irish, provide you

with a refreshed and energized feeling. All of the menu items are made fresh in store and provide an aesthetically pleasing look that is perfect for your next Instagram post. The small shop offers a cozy and welcoming environment for studying or chatting with friends and is just one minute away from campus.



Some of the artwork on display in Salud. Photo by Molly Mitchell



Some of the products available at Salud. Photo by Molly Mitchell



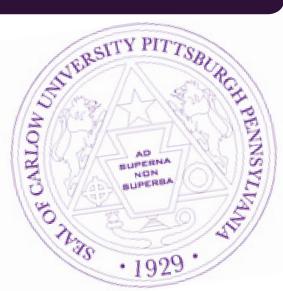
Part of Salud Juicery's dining area. Photo by Molly Mitchell



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Poster created by Rachel McCarren, Career Development Graduate Assistant